



Productivity

BOOTCAMP

Get Things Done!

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Dream Life Work Book

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Write a mission statement of your life based on your own values.

The user manual that will guide your actions.

My mission statement:

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Roles and Goals:

What are the roles I am playing in life?

Roles Indicating areas where you wish to invest your time and energy.
(*E.g. a daughter, Student, a person, Servant of Allah, etc.*)

My role as _____

Where is it right now?

Where do I want it to be?

(Your long term goals for that role)

How to get there?

(Figure out some actionable steps you can take to bridge the gap)

A Day in your Dream Life

(Close your eyes and envision the life you want to create for yourself.

Write it in Present tense as if you are currently living that life.)

[illegible]

A day in your current life.

Write down what does your life looks like right now?

[illegible]

Create a vision board.

- Search images of the things, experiences you want to have, quotes or sayings that inspire you.
- Make a collage of the images on Canva or any editing app.
- Make it the screen saver of your laptop or print it out and place it where you can see it.